ASTHMA & NEBULIZER GUIDANCE DURING THE COVID-19 PANDEMIC

Dear Parents/Guardians,

For safety purposes, during the COVID-19 pandemic, asthma treatments using inhalers with spacers will be utilized instead of nebulizer treatments. Nebulizer treatments are **NOT** recommended and will be used in an emergency situation only.

* Nebulizers spread droplets through the air. (COVID-19 is spread Primarily through respiratory droplets in the air).
* Inhalers with spacers are proven to be effective for children.
* According to the CDC, students with symptoms of COVID-19 should not attend school. Symptoms of asthma and COVID-19 may overlap, including cough and shortness of breath. Therefore, students experiencing **acute** asthma attacks should not be attending school without approval by a healthcare provider.

Please contact your doctor to develop a detailed plan regarding your student’s asthma condition and treatments at school during COVID-19. See below for links to documents that your doctor can fill out. Please return this form to the school nurse.

[[Asthma action plan- English](https://428552-1344816-raikfcquaxqncofqfm.stackpathdns.com/wp-content/uploads/2020/05/asthma-action-plan.pdf)](https://428552-1344816-raikfcquaxqncofqfm.stackpathdns.com/wp-content/uploads/2020/05/asthma-action-plan.pdf)

[Asthma action plan- Spanish](https://428552-1344816-raikfcquaxqncofqfm.stackpathdns.com/wp-content/uploads/2020/05/asthma-action-plan-Spanish.pdf)

If you have any questions, please contact your school nurse. At DMPS we appreciate your understanding of the changes that need to be made at this time to maintain the safety of all.

Thank you for your compliance with this new process.

DMPS Health Services