

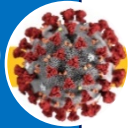



Parent COVID-19 Pandemic Guidelines

Des Moines Public Schools

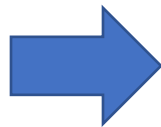
DMPS follows the Iowa Department of Public Health, Polk County Public Health, and the CDC to provide guidelines to determine when a student is well enough to attend school during the COVID-19 pandemic. The guidance will be modified to meet appropriate public health and safety needs, as necessary. These guidelines are for anyone entering a DMPS building or attending a DMPS event.

The general message to families, students, and staff is to **STAY HOME** if you are not feeling well during the COVID-19 Pandemic. Please consider the following:

-  Plan ahead to arrange how your child will be cared for if they stay home, or need to go home from school due to illness.
-  Notify the School Nurse if your child is ill and will not be at school. Please report all symptoms.
-  Notify the School Nurse if your child is positive for COVID-19 **OR** has been in close contact with someone with COVID-19.
-  Always notify the school office if your child's emergency contact information changes.

TIP: Monitor your student's symptoms daily with the student symptom tracker

ATTENTION: If your student has a chronic health condition, please touch base with your family physician, and prepare a plan in advance that sets clear parameters in case they develop COVID 19 symptoms. We want you and your student to be as prepared as possible to return to school.



Need help finding a Health Care Provider? The School Nurse can assist! Call or schedule an appointment [HERE!](#)

It is important that we stay vigilant as a community to protect everyone's health. Please Remember:

- **Students are required to wear a face covering to school**
- **Students are to follow social distancing guidelines**
- **Contact your School Nurse with ANY questions or concerns!**